

Life Development

Class Description	Date	Day	Time
Neighbor to Neighbor Info Session	Feb. 1	W	12:30 pm
Community Connect	Feb. 28	T	9am –1pm

Spiritual Growth and Healing

Class Description	Date	Day	Time
Accent on Christ Meetings	Every Every	MWSU W	7:00pm 12 noon

Healthy Relationships

Class Description	Date	Day	Time
Healthy Relationships	Feb. 21	T	12:30 pm

Financial Stability

Class Description	Date	Day	Time
Habitat for Humanity Info Session	Feb. 9	R	12:30 pm
Bank of Evansville	Feb. 14 Feb. 21 Feb. 23	T T R	12:30 pm 5:45 pm 12:30 pm

ATTENTION:

For any questions or to register for an class please contact the Evansville Christian Life Center at www.restoringpeople.com or call 812.423.9222

Healthy Living

Class Description	Date	Day	Time
Support for Breastfeeding Mothers	Every	W	12 noon
Taking Care of Childhood Coughs & Colds	Feb. 1	W	12 noon
Poison Prevention	Feb. 1	W	10:00 am
Eating for a Healthy Pregnancy	Feb. 1	W	2:00 pm
Breastfeeding Info	Feb. 9	R	11:00 am
4C's – What you say affects your child	Feb. 14	T	1:00 pm
Immunization - The Importance of Kids Shots	Feb. 15	W	10:00 am
Relieving Parental Stress & Preventing Shaken Baby Syndrome	Feb. 15	W	12 noon
Car Seat Safety	Feb. 22	W	1:00 pm
Eating Well on a Budget	Feb. 22	W	10:00 am
Healthy Pregnancy	Feb. 7 Feb. 14 Feb. 21 Feb. 28	T T T T	11:00 am 11:00 am 3:00 pm 11:00 am
Safe Sleep Saves Lives	Feb. 9 Feb. 21	R T	10:00 am 10:00 am

Day Guide

M= Monday	F= Friday
T= Tuesday	S= Saturday
W= Wednesday	U= Sunday
R= Thursday	Every = Weekly on same day

Life Development

Community Connect – Various social services agencies are available to provide information on a walk-in basis.

Neighbor to Neighbor Info Session – (NTN) is a faith-based, 12 lesson course that helps people take concrete steps to improve their lives by teaching valuable life skills.

Spiritual Growth and Healing

Accent on Christ - This confidential 12-step Christ-centered recovery program is a non-residential program open to anyone who seeks a safe, loving, and healing environment in which to break free from addiction. ***AOC Building***

Healthy Relationships

Healthy Relationships – Learn techniques to ensure effective communication and conflict resolution. Important topics like the consequences of choosing unhealthy partners, domestic and sexual assault and “red flags & green flags” in dating will be discussed to help individuals seek and identify healthy relationships and avoid abusive ones

Financial Stability

Bank on Evansville – Bank on Evansville offers free, high-quality financial training for individuals. Individuals can learn how to: budget, manage checking and savings accounts, pay off debt and improve credit.

Habitat for Humanity Info Session – Are you interested in owning your own home? It can be possible with the help of Habitat for Humanity of Evansville. Learn more at this session.

Healthy Living

Breastfeeding Info – For women only, a general discussion of the how-to's of breastfeeding. Find answers to your questions here.

Car Seat Safety – Mandatory child car safety class for Parenting Rewards clients. Discuss the do's and don'ts of child safety and car seat safety with a certified instructor.

ATTENTION:

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Healthy Living Continued...

4C's: What You Say Affects Your Child – 4C's presents information that provides help for parents of young children.

Eating for a Healthy Pregnancy – Ivy Tech senior nursing students present up-to-date information on eating healthy and foods to avoid during your pregnancy.

Eating Well on a Budget – Learn how to prepare healthy meals, save money, make new recipes and how the Family Nutrition Program can help you.

Healthy Pregnancy – How to stay healthy during pregnancy. This class covers health basics for pregnant women including important tips on how to turn bad habits into good ones!

Immunization: The Importance of Kids Shots – Ivy Tech senior nursing students present up-to-date information about getting children their immunization shots.

Poison Prevention: Kids Like The Strangest Things – Ivy Tech senior nursing students present up-to-date information about keeping you and your family safe from household items and other items that are poisonous.

Relieving Parental Stress & Preventing Shaken Baby Syndrome – Ivy Tech senior nursing students present different ways to relieve parental stress that can also help prevent Shaken Baby Syndrome.

Safe Sleep Saves Lives – An up-to-date and informational discussion of why “back is best” for baby's sleep and other tips for parents and caregivers. Required to receive a 1st Candle Crib.

Support for Breastfeeding Mothers – Problem solving among friends, to help breastfeeding moms enjoy their infants.

Taking Care of Childhood Coughs & Colds – Ivy Tech senior nursing students present information about taking care of your child with a cough or cold.

ATTENDEES MUST CALL TO REGISTER FOR ALL
COMMUNITY OUTREACH PROGRAM CLASSES

Please call 812.423.9222 to register now

OPEN MEETINGS

No registration necessary for Recovery meetings and they are located in the Accent On Christ building on the ECLC campus.